

## ASPIRATION – ON THE MOVE: BEYOND THE AMEN

### **ASPIRATION (purpose and goals):**

- *Moves you from Stuck to Purpose...*
- From a Latin word meaning 'breathe out'
- a strong desire, longing, or aim toward achieving something high or great. It is the "breath" of an ambition—the inner drive that pushes you toward a future goal or a better version of yourself (transformation).
- Our movements, actions, and "holy ambitions" are the breath of God passing back out into the world through our unique lives...ASPIRATION

### **Barriers to Aspiration**

- **The "Wait for Perfect" Trap (Perfectionism):** Many believers mistake "waiting on the Lord" for "waiting for perfection." They fear that if the path isn't 100% clear or if they aren't 100% qualified, they shouldn't move.
- **The Weight of Past Failure:** The soul often carries "scar tissue" from previous goals that weren't met. This creates a subconscious barrier where the soul refuses to aspire because it wants to protect itself from another disappointment.
- **Misaligned Ambition:** People often confuse *selfish ambition* with *holy aspiration*. Because they don't want to be prideful, they suppress their goals entirely, failing to realize that "aspiring to the Father's will" is an act of obedience, not ego.
- **The Comparison Freeze:** Looking at the "miracles and healings" of others' lives can make one's own goals feel insignificant. This leads to a "why bother?" mentality.

### **Evidence of Holy Aspiration**

#### **1. Developing "Holy Dependability"**

**Just as the Father could depend on Jesus, we must manage our souls so that our "Yes" remains a "Yes" even when the initial excitement fades.**

- **The Barrier:** Emotional-driven aspiration. People often start goals based on a "high" but stop when the soul feels dry.
- **The Management:** Moving from *inspiration* to *stewardship*. Teach that aspiration is a commitment to the "Next Step" regardless of the current emotional climate of the soul.

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### 2. Guarding the "Abundant Life" Vision

Many people limit "abundant life" to material gain, but Jesus' abundance was a soul at total peace while fulfilling a difficult purpose.

- **The Barrier: Narrow vision.** If people don't see the "abundant life" as part of the goal, they view God's will as a chore rather than a reward.
- **The Management: Reframe goals as part of a "blessed partnership."** Achieving God's will is where the true satisfaction (abundance) of the soul is found.

### 3. The "Next Step" Discipline

The soul often gets overwhelmed by the "Final Step" (The Purpose), which leads to stagnation.

- **The Barrier: Destination obsession.**
- **The Management: Aspiration must be managed by breaking the "Call" into "Daily Assignments."** If the soul is focused on being dependable *today*, the purpose of *tomorrow* takes care of itself.

### 4. Beyond the Amen

The outward action of the believer is seen with the corresponding 'steps' – ordered by God, through prayer

- **The Barrier: lack of discipline required to complete the actions/steps that were given**
- **The Management: Aspiration shows up when the fruit of the Holy Spirit is present through self-control – cause God to depend on us to Move beyond the Amen we gave God**
- **Scriptures: Mark 1:35-39, Matthew 26:44-46, Nehemiah 1:4, 2:4-5**

**"Stuck" is often just "Fear" masquerading as "Waiting."**

#### Questions to Ponder:

- What is the one "Next Step" God has already given you that you haven't completed yet? (Dependability)
- Are you avoiding a goal because you're afraid you won't do it perfectly? (Perfectionism)
- Does your goal include people, or is it just a task? (Relationships)